

Learn to Stand Up Paddleboard (SUP)

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The team at Project 908 are an experienced group of Stand Up Paddleboarders (SUP), who have SUPed all over the world from whitewater, flat water to surfing. Project 908 has years of experience making boards, paddling boards and instructing classes. This enables them to offer a class that meets the needs of a beginner SUPer. We begin with land instruction to cover the basics regarding boards, paddle stroke, standing up and safety. Following 20 minutes of land instruction, we head to the water. The instructor stays with the class to ensure each participant stands up and SUPs. Participants must dress appropriately for an outdoor water activity. Participants should be comfortable in water where they can't touch bottom while wearing a life jacket.



Learn to Stand Up Paddleboard (SUP) Course Information

- **Class:** 346011.01
- **Dates:** Saturday, June 13
- **Time:** 9 – 10:30 am
- **Location:** TAASC, 6000 Harriott Dr., Powell, OH 43065
- **Price:** \$50 for City Residents, \$50 for School District Residents and Non-Residents

- **To Register:** <http://dublinohiousa.gov/recreation-services/online-registration/> or call 614.410.4550
- **Class:** 346011.02
- **Dates:** Saturday, July 18
- **Time:** 9 – 10:30 am
- **Location:** TAASC, 6000 Harriott Dr., Powell, OH 43065
- **Price:** \$50 for City Residents, \$50 for School District Residents and Non-Residents
- **To Register:** <http://dublinohiousa.gov/recreation-services/online-registration/> or call 614.410.4550
- **Class:** 346011.03
- **Dates:** Saturday, August 8
- **Time:** 9 – 10:30 am
- **Location:** TAASC, 6000 Harriott Dr., Powell, OH 43065
- **Price:** \$50 for City Residents, \$50 for School District Residents and Non-Residents
- **To Register:** <http://dublinohiousa.gov/recreation-services/online-registration/> or call 614.410.4550

Meet the Learn to Stand Up Paddleboard (SUP) Instructor Nate Wollenburg



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Nate Wollenburg has been SUPing for over five years. He is the owner of Project 908, a Columbus based SUP manufacturing company. Nate was attracted to the sport as another way to enjoy fitness and outdoors, but fell in love with it when he realized its' full potential. SUP offers the paddler an opportunity for exercise, fitness, relaxation or meditation. The ability to surf, float or do yoga makes this sport an option for everyone. Due to his experience ranging from surfing in Central America to SUPing in Singapore and shooting river rapids in the US, he's able to take beginners from land lubbers to SUP experts in a short period of time. Nate has been teaching SUP for over three years and has experience with people of all shapes, sizes, age, and athletic prowess. So if you have the desire to learn the fastest growing sport in the world and the willingness to get wet, Nate's ready to show you how to safely enjoy this sport for years to come.

